

Mistybosh

Creative workshop project for education centers.
Nursej, Primary and Secondary school.



Introduction

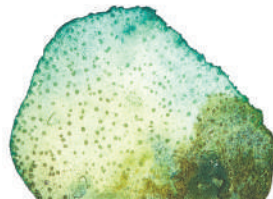
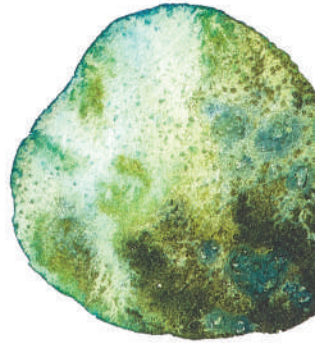
Fast, fast or we won't get there on time, we're late... in a rush, to school, back home, to extracurricular activities...

We live in a fast paced world, short of time.

Time to think, time to listen, time to get bored, to focus, to find oneself.

Mistybosk project pretends to create a space of **calm**, a break, a parenthesis where kids can come to a halt, **discover**, create and **marvel** at what come out of their hands and imagination.

A space where the **path** is more important than the destination.



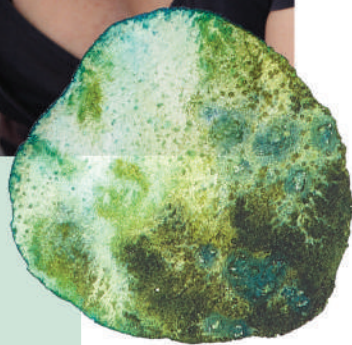
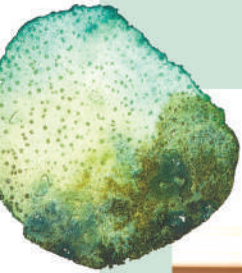
About me

Mounya Accad, half French half Lebanese, living in Madrid since 2007

During a life defined by change, art has been for me a constant, a root, a center.

In my trajectory as an artist, I have explored and practiced a variety of artistic techniques.

Working with wool is one of the most versatile activity that I have experienced. For this reason I created this project, in order to share useful tools in the different stages of child development.



Why fool felting?



Felting is a **simple process**.
Anyone can practice it.

Felting demands **concentration** and **precision**.
You need to be present in the moment and focused on your movements.

It is a slow process that **requires patience**.
While felting you can immerse yourself in your work and get to a sense of peace.

Creating with wool offers an **unlimited quantity of possibilities** and results.
You can explore, try, go back, change your course... and adapt your creative process.

A watercolor illustration on the left side of the page shows several woolfelting projects. There are large, soft, rounded shapes in shades of light blue and white, some with darker blue accents. A prominent feature is a large, intricate, golden-brown branching structure that resembles coral or a tree, set against a light blue background. The overall style is soft and artistic, typical of watercolor painting.

How?

Through a series of woolfelting workshops in which children will find:



a **natural** material with which to **work**




simple techniques to **express** themselves



time to create

Design and work plan



The project is conceived as a series of workshops that can be integrated into the center's calendar for the stages of **nursery**, **primary**, **secondary** or extracurricular activities.

They can be organized on a **weekly** or **monthly** basis, at the time that best suits the center.

Weekend workshops are available for children or families.



Methodology

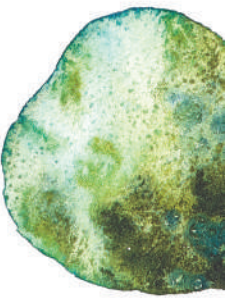
Active: focused on the children's rhythms.

Each session lasts an hour and a half and consists of:

A welcome during which the children can share their **expectations**.

Presentation of a simple **technique**.

Free and accompanied activity so that they can develop their project without haste.



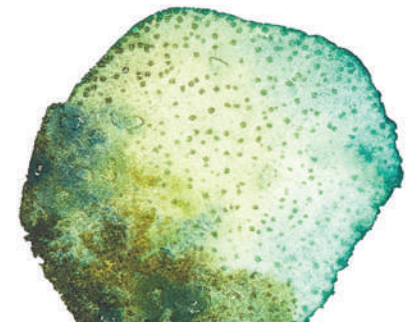
Nursery

Focus: sensory

At this stage, children develop **fine motor skill** and discover the world through their senses.

Wet felting (with **soap and water**).

They will be able to manipulate and work the wool, feel its touch, smell it and watch it **transform under their fingers**.





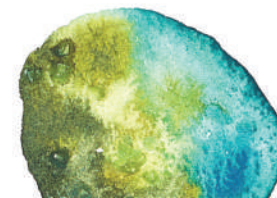
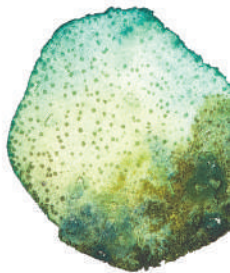
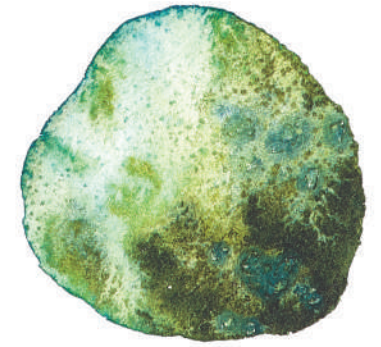
Primary Focus: creative

At this stage, children discover the world and complete it with their **imagination**.

Needle and/or wet felting.

Needle felting, they will be able to start working with **precision** and complete their projects.

Wool is a material with which they can **draw, paint or sculpt** whatever their mind creates.





Secondary

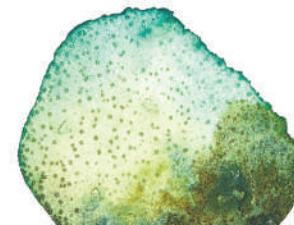
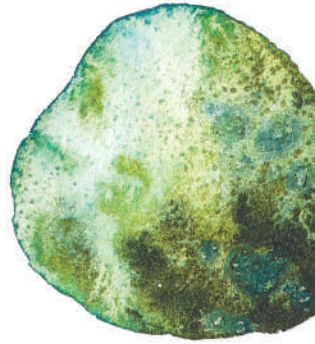
Focus: expression

Adolescents live a moment of great **changes** that creates a lot of **stress** and moments of **confusion**.

The workshop is organized in an **open and flexible** way so that each student can live it according to their **rhythm** and their **needs**:

Moments of **calm**, moments of **concentration**, moments of **connection** and **sharing** with others, moments of **expression**.

Needle and/or **Wet felting**.



Modalities



Weekly workshops of an **hour**
Per week: **€75 +VAT/h**
Material not included.



Monthly workshops of **3 hours**
Per workshop: **€ 300 +VAT (€100 +VAT/h).**
Material included.



Punctual workshop of **3h**:
€ 330 +VAT (€110+VAT/h).
Material included.

Workshops can be taught in **Spanish, English or French.**

The ideal capacity is 10/15 students.



Contact



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Thank You!

